

MID-ATLANTIC DEANERY GAZETTE

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Submissions

If you have a brief article of interest or news that you would like to share with the rest of the deanery please e-mail it to the dean at: rector@saintalbansjoppa.org

Prayer Requests

Please pray for the **Rt. Rev'd Bob Loiselle**, rector emeritus of St. Paul's Crownsville. He and his lovely wife Emily retired to Florida a few years ago. Lately he's been experiencing some health problems that have really compromised his enjoyment of life and retirement. Pray for God to give him grace, strength, and healing.

Also, please pray for **Fr. James Johnson's** grandmother, Elisa, who has recently suffered a stroke. Because of her age this will present many difficulties for Fr. Johnson, who lives with her and takes care of her.

And finally, please remember to pray for the **churches on our intercommunion prayer cycle**. The prayer cycle may be found on the deanery website.

News and Updates

Congratulations to the Deanery's Newest Clergy, Sean McDermott and Tyler Phass!



Sean McDermott will be ordained on March 25th at All Saints' Church in Charlottesville, VA. He will serve there as curate. (Pictured above, left to right from the rear: Mr. Mark Perkins, Rev. Sean McDermott, Rt. Rev. Chad Jones, Rev. Canon Glenn Spencer, and Rev. Dr. Larry Adams. Pictured to the left, Fr. McDermott and his wife and children. (Continued on the next page.)

Diocesan News

Pretzels have been used during Lent for over 1500 years. It is thought that originally pretzels were made to resemble arms crossed in prayer. This bread can have deep spiritual meaning for us during Lent. Since basically only flour and water are used, pretzels can remind us of Lenten fasting. They are also reminders of the call to deeper prayer which we hear at Lent. Here is a recipe which the whole family or a church school class can make together. Why not invite friends to an evening of pretzel making and prayer?

SOFT PRETZEL RECIPE

Dissolve 1 cake of yeast in 1½ cups of water. Add 1 teaspoon of salt and 1 tablespoon of sugar. Blend in 4 cups of flour. Knead the dough until smooth. Cut into small pieces. Roll into ropes and twist into desired shape. Place on lightly greased cookie sheet. Brush pretzel with beaten egg and sprinkle with coarse salt. Bake immediately at 425 degrees for 12-15 minutes.

PRETZEL PRAYER

O most merciful and heavenly Father, who hast vouchsafed unto us thy servants the very Bread of Life; we humbly beseech thee to bless these little breads that as we eat them, so we may be mindful of our constant need to draw nigh to thee in prayer. Through...

(Courtesy Fr. Johnson)



Tyler Phass was ordained on April 1st at Saint Alban's Church in Joppa, MD. He will serve there as curate. Pictured above, left to right: Mr. Kevin Fife, Fr. Don Edelmann, Mr. Mason Waldhauser, Very Rev'd J. Gordon Anderson, Rt. Rev'd Chad Jones, Rev'd Eddy Rix, Rev'd Tyler Phass, Mr. Tevin Okutoyi, and Mr. Jason Taylor. Pictured below, Fr. Phass and his wife and daughter.

